

## **Important Covid-19 update about visiting the clinic**

Please see below new ways of working since the Coronavirus outbreak earlier this year.

**Attendance for a face to face appointment will be fully risk assessed and offered only if necessary.** This is to protect both patients and the clinician. You will be asked Covid-19 screening question by phone or email before an appointment is confirmed. If a face to face appointment is required and agreed to by both your clinician and yourself then the following guidance should be adhered to:

**Please wait in the car until we call you.** Visitors waiting area has been temporarily closed, as per the government guidance, to control the number of people inside the waiting area at any one time.

**Please attend your appointment unaccompanied, if possible.** Please discuss with me if this is not possible, as a risk assessment will need to be considered in advance for the attendance of any relative/carer. Please avoid bringing children to the clinic as they won't be able to wait in the waiting area. Anyone accompanying will need to follow the guidance below as well.

**Please arrive on time for your appointment.** Please do not arrive early, as you will not be allowed entry to the building until your agreed time. Please wait in the car if you do arrive early.

- **Please wear a face mask as per the Government guidance.**
- **COVID-19 screening questions will be done again before entering the clinic.**
- **On entering the clinic please use the hand sanitiser immediately**
- **Please do not wear gloves to your appointment**
- **Please be aware that there is no availability of toilet and refreshment facilities on site, so you may wish to bring your own bottle of water. This is to help minimise spread of infection as per government guidance.**
- **Please wear suitable clothing to enable the clinician to view the affected body part and observe the available movement.**
- **As your physiotherapist, face mask and apron will be worn during the therapy session.**

**Sincere thanks for your cooperation.**

kind regards

**Saravan Thiru**

**Physiotherapist**